

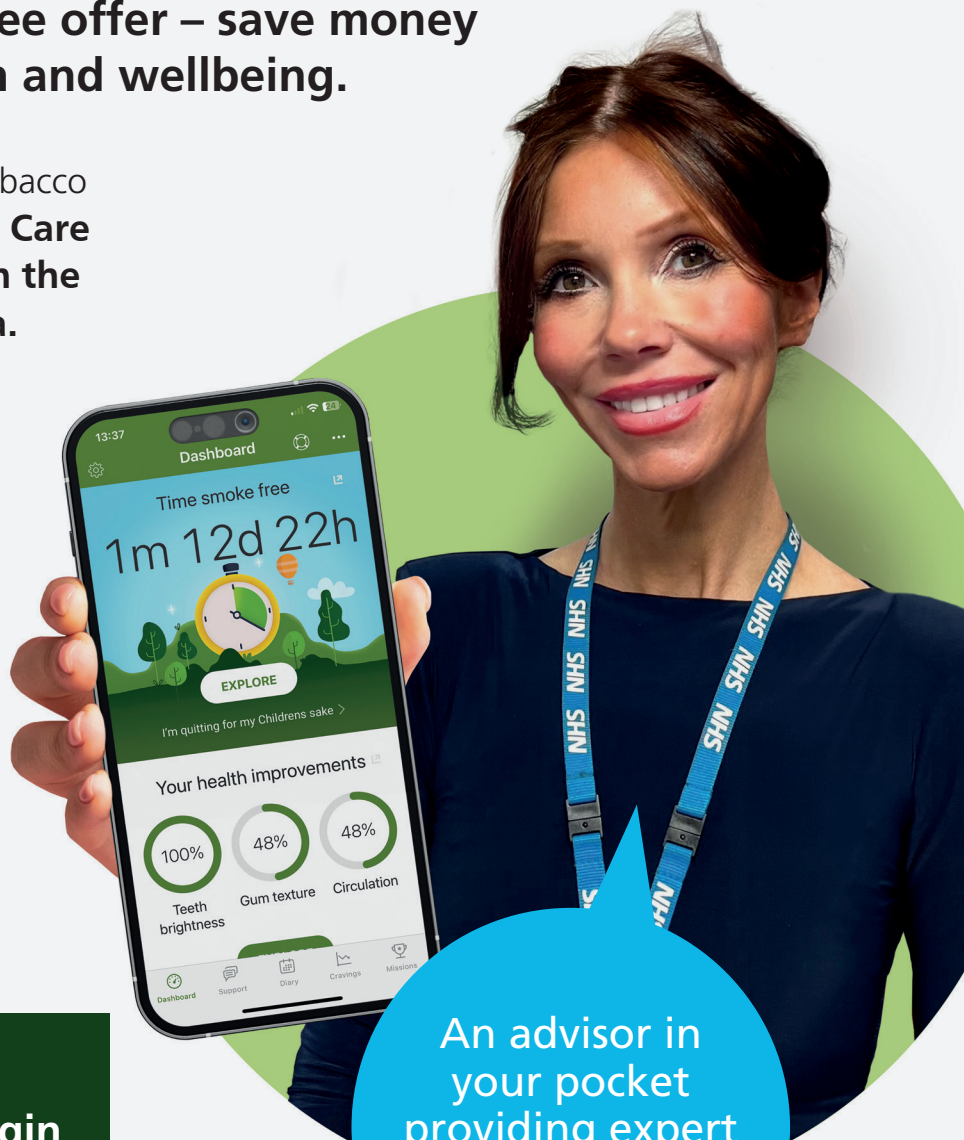
# Quit Smoking with **FREE** Support for **STAFF**

**Don't miss out on this free offer – save money and improve your health and wellbeing.**

This offer is for you if you smoke tobacco and work in the **NHS or in Social Care (including Voluntary Sector)** in the **North East and North Cumbria**.

**Here to help you with:**

- ✓ **FREE** 24/7 digital support from LIVE advisors with **Smoke Free**
- ✓ **FREE** Nicotine replacement therapy products like patches and inhalators
- ✓ **FREE** Nicotine vape kit, replacement pods and liquids



An advisor in your pocket providing expert support anytime and anywhere.

**Don't wait. Get support with Smoke Free and begin your quit journey today.**

Scan the QR code to get started



Please note, a work email address is needed for sign up. This offer is provided by the North East and North Cumbria ICS Work Well programme